

■ Evening Prayers: The Embrace of Divine Rest



Opening Prayer at Dusk

O Light beyond all lights, as the sun sets upon the world, may Your peace rise within my soul. Let this evening be a sanctuary of rest and reflection, where I release all striving and dwell in Your loving presence. You are the calm beyond my thoughts, the stillness beyond my words, the mercy that holds me always.

The Prayer of Yeshua (Our Father in Aramaic Essence)

O Birther! Father-Mother of the Cosmos, focus Your light within us—make it useful. Create Your reign of unity now. Your one desire then acts with ours, as in all light, so in all forms. Grant what we need each day in bread and insight. Loose the cords of mistakes binding us, as we release the strands we hold of others' guilt. Let us not enter forgetfulness, but free us from unripeness and the things that bind. From You is born all ruling will, the power and the life to do, the song that beautifies all, from age to age it renews. Truly—power to these statements—may they be the ground from which all my actions grow. Amen.

Prayer of Reflection

Loving One, thank You for this day that has passed. For every joy that lifted me, every challenge that refined me, and every breath that sustained me, I give You thanks. Where I have fallen short, heal me with Your love. Where I have been strong, use that strength for Your purpose. May all that has unfolded today return to You as a song of gratitude.

Prayer to the Theotokos

Rejoice, O Virgin Theotokos, Mary full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, for you have borne the Savior of our souls. Mother of Divine Tenderness, wrap me in your mantle of peace this night. Guard my thoughts, calm my body, and hold me close as you once held the Christ Child.

Prayer of Surrender

Holy Wisdom, as darkness covers the earth, I surrender this day into Your hands. Transform what remains undone into grace. Transmute what was broken into understanding. Let my dreams be filled with Your light, and may my rest restore the image of Your love within me.

Closing Blessing

Beloved Presence, in peace I lie down and in love I will awaken. For You alone are my safety, my stillness, my song. Let angels stand watch beside me, and may the light of Christ shine within me, now and ever, and unto ages of ages. Amen.

